



# **CYBER-SENIORS**

## **FREE TECH ASSISTANCE**

**1-on-1 Tech Appointments with URI Student**

***9 AM & 10 AM Appointments available on Fridays  
during the weeks of March 21st-April 25<sup>th</sup> 2025***

***Located downstairs at the Jamestown Senior Center***

### **URI's Cyber-Seniors program improving digital competency, social connections for older adults expanding statewide**

**Program provides devices, internet connection, technical education**

Participants in the University of Rhode Island's [Engaging Generations Cyber-Seniors program](#) have shown statistically significant improvements in digital competence, technology use, quality of life, and in strengthening social bonds. The program has helped participants feel more connected to their communities, increase contact with family and friends, and generally improve their feelings of well-being and overall health.



A URI student meets with her partner in the Cyber-Seniors program.

**Call Eileen at 401-423-9806 to schedule an appointment**

