

FREE: 30 Minute Workshop

Golf Power and Golf Fitness

Wed.; April 9 @ 5 pm

2nd Floor of Jamestown Golf Club Clubhouse

Body Flaws Cause Swing Flaws • Move Better, Play Better

Bert Reid DPT

Physical Therapy for Golf

- Doctor of Physical Therapy
- GIFT Fellowship Sports Biomechanics
- Titleist Performance Institute Certified
- Nike Golf NG360 Certified
- Gray Institute Golf Spec. Certified
- Captain, Tulane Golf Team, Div. 1
- Academic All American

“I have always sent my golfers to Bert. In fact, he has patched me up multiple times, allowing me to return to surfing and rock climbing.”

- Dr. Robert Carrellas MD

“As a PGA Golf Professional for over 30 years I have had my share of injuries. Bert has helped me through his knowledge of injury care, and that along with his golf experience makes him my choice for the foremost golf strength and conditioning coach anywhere”

- Eddie Kirby PGA Golf Professional



Bert sees patients in Pappas OPT's
Middletown and Wakefield clinics

Middletown

P: 401.845.0840 | F: 401.845.0842

Wakefield

P: 401.284.3424 | F: 401.284.3426



PappasOPT.com

 **Pappas OPT**
PHYSICAL, SPORTS & HAND THERAPY