

*Are you ready to relax  
and revitalize?*

*Join us March 12, 2025  
at 5:30 PM to experience:*

*A Shri*

*SOUND BATH*

*singing bowls, gongs, chimes,  
drums will lull you to a peaceful  
place.*

*Chairs are provided, feel free to bring a mat,  
blankets, eye pillow and water*

**THE JAMESTOWN SENIOR CENTER**

**6 WEST STREET**

**JAMESTOWN, RI 02835**

**COST: \$ 8**

**CALL 401-423-9806 TO RSVP**